



Sport for Development

Most children from marginalised families in rural areas are deprived of their right to play and enjoy the benefits of sports in their early life and so, miss out on the values and skills that sports offer.

At RDT we believe that by creating access to sport, educating children and empowering youth, it is possible to break existing barriers, build bridges and create strong equitable communities.

In 1979 RDT initiated various sports activities through the supplementary schools. However, this initiative took a new direction in 2000 when the Sports for Development programme was formally established through the founding of Anantapur Sports Academy.

Theory of Change

Access. Educate. Empower.

Our Sport for Development programme aims to unleash the full potential of children and youth but more importantly our vision is leveraging the power of sport to achieve sustainable social change.

ACCESS

Objective:

To facilitate access and equitable opportunities for girls and boys from rural and marginalised regions to participate in sport.

Impact:

- Regular and sustainable access to sport participation aiding in building a sporting culture among rural communities.
- Rural communities become sensitive to gender stereotyping and encourage both girls and boys to access sport opportunities equitably.



EDUCATE

Objective:

To create a holistic learning environment for children and youth where sport participation encourages value education and life-long learning experiences.

Impact:

- Children and youth exhibiting enhanced levels of socio-emotional development and physical well-being.
- Children and youth in rural areas are equipped with strong values and leadership skills to guide them in making appropriate life decisions.

EMPOWER

Objective:

To enable rural youth to build a strong sense of self-belief and leadership abilities through sport participation and voluntary leadership opportunities.

Impact:

- Youth participating in the leadership program to become confident leaders and accessing enhanced employment and livelihood opportunities, particularly through sport.

The United Nation's 2030 Agenda for Sustainable Development says "Sport is also an important enabler of sustainable development. We recognize the growing contribution of sport to the realization of development and peace in its promotion of tolerance and respect and the contributions it makes to the empowerment of women and of young people, individuals and communities as well as to health, education and social inclusion objectives".